



# Rose Valley Elementary PAC NEWSLETTER

OCTOBER 2010

## GRATITUDE IS AN ATTITUDE!

The assemblies at RVE this month are focused toward GRATITUDE. There will be two assemblies – one for Gr. 1-3 and one for Gr. 4-6 – each one will be geared to their grade level. The children will also get together with their family groups to engage in activities relating to gratitude.

## PLEASE REGISTER YOUR CHILD

Don't forget to register your child/ren on the: [www.rve.hotlunches.net](http://www.rve.hotlunches.net) website. Even if you do not wish to order anything, it is imperative to register your child/ren as this will be the way that **ALL** RVE and PAC information will be sent – via [www.rve.hotlunches.net](http://www.rve.hotlunches.net). Any school/PAC information you received last year through the Parent Ambassador program will be sent through this website's email program now.

Access code when registering is: funlunch  
*Thank you for your cooperation!*

## CAN YOU HELP? PLEASE!!!!

We have many volunteer positions available; if you have any time throughout the year, we sure could use your help:

- Yearbook Committee
- Family Movie Nights
- **Fun Lunch – especially!**
- And many more. . .

Contact [rosevalleypac@gmail.com](mailto:rosevalleypac@gmail.com) for more information. Or check out the website: [www.rve.hotlunches.net](http://www.rve.hotlunches.net)

**None of our fun activities would be able to happen without the help of our parents! Please help!**



## NOW SHOWING!

Our first Family Movie Night is on:

Thursday, October 21<sup>st</sup>

## “How To Train Your Dragon”



Doors open at 6:15pm and movie starts at 6:30pm by suggested donation of \$2 per person. Water and popcorn is available for 50cents each. **Please do not bring food or drinks from home.**

This is a PAC sponsored event with limited parental supervision. Families are encouraged to attend together and parents **MUST** be present with preschool-aged children. **Movie will be over at 8pm.** We will be sitting on the gym floor, so to make your evening more comfortable and enjoyable you may want to bring: Blanket, Foamy, Pillow, Beach Chair

**Volunteers are still needed for this ongoing event.**



### IMPORTANT DATES TO REMEMBER:

Thursday Oct. 21 – Family Movie Night  
Friday Oct. 22 – Pro D Day (No School)  
Sunday, Nov.7 – Daylight Savings Ends

### NEXT PAC MEETING

November 10<sup>th</sup> at 6:30pm  
Mingling from 6:15-6:30pm  
Meeting from 6:30-7:30pm  
Questions/Comments 7:30-8pm



### ROSE VALLEY PAC EXECUTIVE

250.769.5535  
email: [rosevalleypac@gmail.com](mailto:rosevalleypac@gmail.com)

Executive Members:

President: Avril DeJong  
Vice President: Cheryl Overton  
Treasurer: Terri Hergott  
Secretary: Colette Martin & Rebecca Chapple  
Co-PAC: Jaydene Cahill

### HALLOWEEN SAFETY

-  Choose a costume made of flame retardant material
-  Costumes should be short enough so that they don't cause your child to trip and fall
-  Carry a flashlight
-  Stick to well lit houses in familiar neighbourhoods only
-  Follow traffic signals & rules of the road
-  Drive slowly
-  Instruct your children to bring all candy home before eating it so that you can carefully inspect it for tampering. Children shouldn't snack while they're out trick-or-treating, before parents have a chance to inspect the goodies. To help prevent children from munching, give them a snack or light meal before they go -- don't send them out on an empty stomach.

HAPPY TRICK OR TREATING!!

